

Name \_\_\_\_\_

Period \_\_\_\_\_



**VOLLEYBALL HOMEWORK**



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1. What are the cues (list in correct order) for performing the proper bump in volleyball?

\_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_

2. What are the cues (list in correct order) for performing the proper underhand serve in volleyball?

\_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_

3. What are the cues (list in correct order) for performing the proper set in volleyball?

\_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_

4. Name the 4 types of hits in volleyball: \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_

5. What is the best hit to return a serve with? \_\_\_\_\_

6. What hit comes after a set? \_\_\_\_\_

7. What hit starts play? \_\_\_\_\_

8. How many players are allowed during the game on the court for a team? \_\_\_\_\_

9. What two ways can you serve the ball? \_\_\_\_\_ , \_\_\_\_\_

10. Name the two ways your hand should be when you hit the ball: \_\_\_\_\_ or \_\_\_\_\_